

The way our body candles work is that they utilise what is called the “stack effect”, which is achieved while they are burning. Any other additives and colours provide merely a supportive function. Obviously, the candle both reliefs those body parts it is applied to and relaxes and purifies the strained area; it affects not only the physical body, but also the spiritual one.

EAR AND BODY CANDLES HOXI APPLICATION INSTRUCTIONS:

Ideally, the body should be in a lying position with the head (in case of applying ear candles) being parallel to body. Cut out the protective paper disk according to the enclosed instructions and attach it onto a candle so that its distance from the lower end of the candle is approximately 1/3 of the candle length. Have a bowl or a large glass filled with water ready. Light the top of the candle and insert protective gauze between the candle and the treated area and then insert the candle either into an ear or put it against the desired area. Make sure no smoke leaks from the bottom of the candle. Thus, stack effect is achieved. The candle should be removed from within the ear or the body as soon as 2/3 of it have burned away – the protective paper disk indicates this point. There is also a line on the candle. It should be then safely extinguished in the aforementioned bowl or glass. For preventive purposes, the candles may be used once per 2 weeks. In case of acute health complications use them once per day.

EAR AND BODY CANDLES SAFETY GUIDELINES HOXI

- Ear and body candles are for external use only
- Ear and body candles do not replace medical advice
- Do not give ear and body candles to unsupervised children
- Do not apply ear and body candles on open wounds
- Do not use ear and body candles to tend a perforated eardrum
- Always have a bowl or a large glass of water ready to extinguish the candles
- Use a protective paper disk or similar means of protection from falling pieces of burnt candle.
- Always use ear and body candles with the help of another person and a therapist.
- Apply the candles horizontally to the treated area
- When using the candles to treat ears use a q-tip to clean the ear when done
- Body candles are not to be used during pregnancy
- The candles are not suitable for children under 3 years of age
- The candles are not to be used near the heart or the mucous membrane
- Do not apply candles containing bee wax on people allergic to bees

EAR AND BODY CANDLES INGREDIENTS HOXI:

- 100 % natural cotton cloth
- Purified bee wax
- Cosmetic paraffin – 0.5 % oil
- Herbal essences
- Natural colourants

Chakra body candles, white and black body candles do not contain bee wax and are therefore suitable for people allergic to bees.

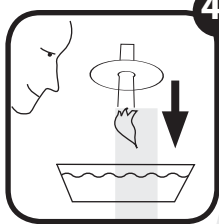
THE MOST COMMON USAGE OF EAR CANDLES HOXI

- headaches, migraine
- acute and chronic flu
- less severe otitis media
- Tonsil inflammation
- smell disorders
- reduced blood circulation in the ears
- reflexive and local activation of the lymphatic system
- lowering stress and improving mental disorders
- ear wax accumulation prevention
- ear murmur and increased pressure reduction
- performing MLD (Manual lymphatic drainage)
- meridian and reflexive ear zones activation
- as a part of relaxation, music therapy and head and ear massage

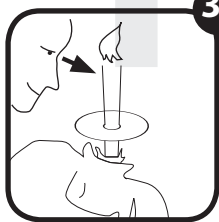
THE MOST COMMON USAGE OF BODY CANDLES HOXI

- digestive problems, losing weight
- detoxication – navel
- frontal sinus - forehead
- period problems – on ovaries or pelvis
- boosting the immune system thymus
- depression, nervousness – thymus, navel
- Lowering fever – throat, navel
- muscle strain – locally
- insomnia – thymus, navel
- haemorrhoids – back end - the lowest part of the spine
- chakra purification – apply on chakras
- influenza, cold – sternum, thymus, throat
- Swelling relief – directly to the affected area
- asthma, bronchitis, upper respiratory tract infection – sternum
- stomach ache – stomach
- scar removal – next to the scar
- cervical spine ache – backside of the neck
- bruises – onto the bruise or next to it
- cold sore – below the ear
- allergy – liver
- gingivitis – cheek
- influenza – The third eye (between the brows)
- sore throat – throat
- lymphatic system purification
- prostate – pelvis

Let 2/3 of the candle burn (Hoxi candles include a line indicating where the candle should be extinguished and then extinguish it in a bowl or a large glass of water

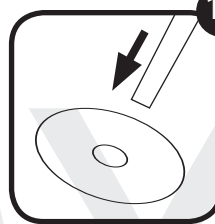


Light the top of the candle and attach it so that no smoke escapes

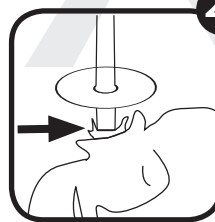


The same applies to body candles as to ear candles

Cut out the protective paper disk and push the candle through it



Insert protective gauze between the ear and candle in case the candle contains no filter



CAUTION!

Follow all security rules when handling open fire!

You can cover hair and surrounding skin with a towel or bed sheets. To be used exclusively with the help of another person or a therapist.

For external use only.

DOES NOT REPLACE MEDICAL ADVICE!

You can find more information at:

www.HOXI.cz

MANUFACTURER:

HOXI

Lipová 1503

286 01, Čáslav

info@hoxi.cz

www.HOXI.cz

Store in a cool and dry place!
Does not replace medical advice!